

GROUND SCHOOL

NAVIGATION II

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LECTURE TWO: NAVIGATION THEORY – PLANNING A FLIGHT

1. Map Preparation
2. Speeds
3. Master Planning
4. Using the CRP-1 or CRP-5 (the whizz-wheel)
5. Fuel Calculations
6. Planning Considerations

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MAP PREPARATION: CHOOSING YOUR ROUTE

Always mark track lines in **BLACK** pen – it stands out best

As you can see from the route marked on the left, by drawing the lines all the way to your turning points you will obscure information that may help identify that turning point

Best to have the lines slightly short of turning points...


Hint! – remove permanent pen from your chart with the board pens we use (or methylated spirit or nail varnish remover)

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MAP PREPARATION: CHOOSING YOUR ROUTE




At first it is best to avoid all controlled airspace, glider sites, instrument approaches, etc. until you have confidence on the RT

Pick turning points where there is a way of identifying the place!

Google maps is a great way of having a sneaky peek at what a turning point looks like

For example...




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MAP PREPARATION: CHOOSING YOUR ROUTE

Disused airfields are always a popular choice for turning points but they may be obvious like this...




Oakley airfield in our local training area

Or...



Drayton St Leonard (a few miles west of Benson)

Here!



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LET'S GET PLANNING: INITIAL ROUTE & FLIGHT LOG (PLOG)

Start with where you are going!

On a log you will be using in the aircraft it will be easier to leave a line between each leg but for now, we will use each line...

The route:

Henley (51°32'N 000°55'W) to Newbury racecourse (51°24'N 001°18'W) to Bembridge airfield on the Isle of Wight (50°41'N 001°07'W) and return to Henley (51°32'N 000°55'W)


FROM	TO	MSA	ALT	TAS	TRK T	W/V	HDG T	VAR	HDG M	HDG C	DIST	G/S	TIME
Henley	Newbury												
Newbury	Bembridge												
Bembridge	Henley												



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CHART VIEW

Your chart should look something like this



Remember – track lines in BLACK and draw them slightly short of each turning point

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LET'S GET PLANNING: INITIAL ROUTE & FLIGHT LOG (PLOG)

Now you have drawn on the track lines between the places as we have just discussed ...

... we can measure the **tracks** and **distances** of each of the legs

Get out your protractors and rulers

FROM	TO	MSA	ALT	TAS	TRK'T	W/V	HDG'T	VAR	HDG'M	HDG'C	DIST	G/S	TIME
Henley	Newbury												
Newbury	Bembridge												
Bembridge	Henley												


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LET'S GET PLANNING: INITIAL ROUTE & FLIGHT LOG (PLOG)

TRACKS ...



Make sure you align the protractor with north towards the top of the chart!

Try to measure the direction in the middle of the leg

You may need to extend your track line on the chart if it is too short to be read easily

Put the tracks into the PLOG – always use three digits

Align the protractor with the vertical lines on the chart

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LET'S GET PLANNING: INITIAL ROUTE & FLIGHT LOG (PLOG)


DISTANCES ...



Use the correct scale side of the ruler!
(1: 500 000)

Make sure you know where "0" is on your ruler – some rulers have 0 marked, and for others its just the end of the plastic

PLOG the distances




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LET'S GET PLANNING: INITIAL ROUTE & FLIGHT LOG (PLOG)

Your PLOG should now look like this:

FROM	TO	MSA	ALT	TAS	TRK'T	W/V	HDG'T	VAR	HDG'M	HDG'C	DIST	G/S	TIME
Henley	Newbury				240						17		
Newbury	Bembridge				170						44		
Bembridge	Henley				008						52		



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LET'S GET PLANNING: INITIAL ROUTE & FLIGHT LOG (PLOG)


Now we can do the MSA - 2 methods

1. Look along each leg 5 nm either side of track and find the highest obstacle. Add 1000 feet to this plus an extra 300 feet for an obstacle less than 300 feet high not shown on the chart.

2. Find the highest MEF (Maximum Elevation Figure) in each of the quadrants that the track runs through then add 1000 feet to this PLOG.

FROM	TO	MSA	ALT	TAS	TRK'T	W/V	HDG'T	VAR	HDG'M	HDG'C	DIST	G/S	TIME
Henley	Newbury	2300			240						17		
Newbury	Bembridge	2300			170						44		
Bembridge	Henley	2300			008						52		

Remember – you don't have to fly above the MSA if you are in VMC but if you get into cloud you MUST be above it



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LET'S GET PLANNING: INITIAL ROUTE & FLIGHT LOG (PLOG)

Now PLOG the **variation** that applies to each leg – this may be a different amount on each leg so always check

Don't worry about ½ degrees!

FROM	TO	MSA	ALT	TAS	TRK'T	W/V	HDG'T	VAR	HDG'M	HDG'C	DIST	G/S	TIME
Henley	Newbury	2300			240			1W			17		
Newbury	Bembridge	2300			170			1W			44		
Bembridge	Henley	2300			008			1W			52		

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SPEEDS

Now we need to figure out the altitude we will fly at and the speeds that we will use for our calculations ...

FROM	TO	MSA	ALT	TAS	TRK'T	W/V	HDG'T	VAR	HDG'M	HDG'C	DIST	G/S	TIME
Henley	Newbury	2300			240			1W			17		
Newbury	Bembridge	2300			170			1W			44		
Bembridge	Henley	2300			008			1W			52		

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SPEEDS

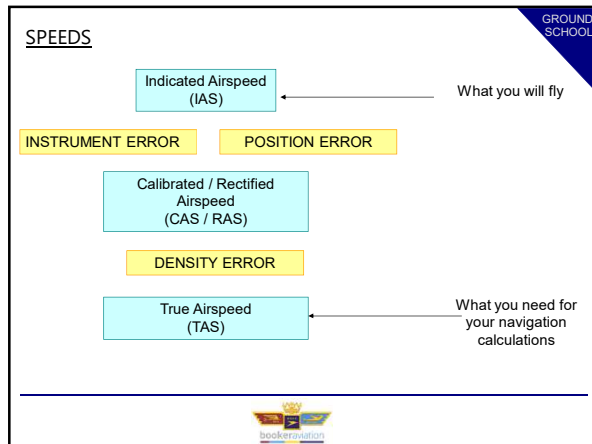
Before you can begin with any time – distance – speed calculations for navigation you need to understand the different types of speeds and what they are used for.

Decide the speed you want to fly at – this will usually be the design cruise speed of your aircraft

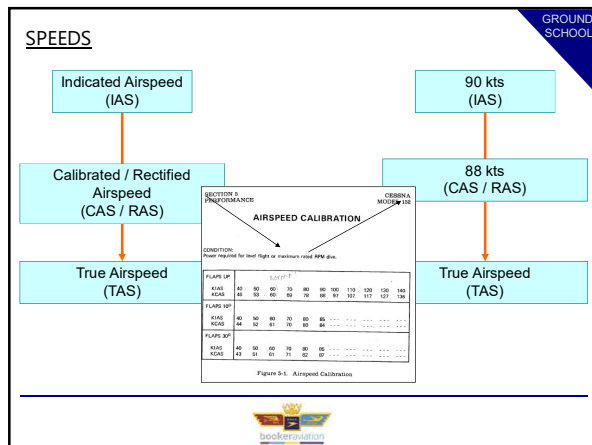
Cessna 152 – 90 kts IAS

PA28 – 100 kts IAS

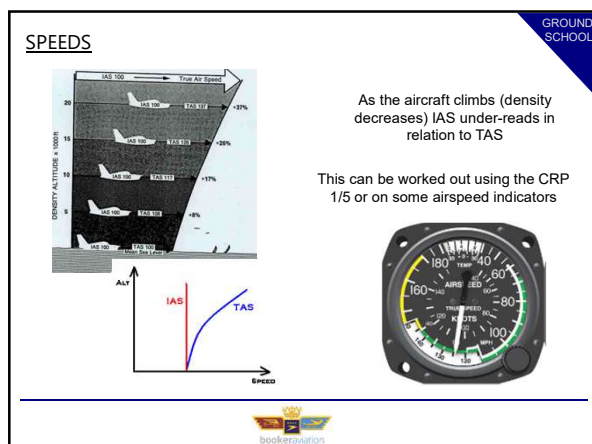
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SPEEDS

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So we know that the RAS / CAS is 88 kts, what is the TAS?

We need to know the **altitude** we will be flying at and the **temperature** at that altitude for the flight

Altitude (ft)	Pressure (hPa)	Temperature (°C)
0	1013	+15
100	1010	+12
200	1007	+9
300	1004	+6
400	1001	+3
500	998	0
600	995	-3
700	992	-6
800	989	-9
900	986	-12
1000	983	-15
1100	980	-18
1200	977	-21
1300	974	-24
1400	971	-27
1500	968	-30
1600	965	-33
1700	962	-36
1800	959	-39
1900	956	-42
2000	953	-45
2100	950	-48
2200	947	-51
2300	944	-54
2400	941	-57
2500	938	-60
2600	935	-63
2700	932	-66
2800	929	-69
2900	926	-72
3000	923	-75
3100	920	-78
3200	917	-81
3300	914	-84
3400	911	-87
3500	908	-90
3600	905	-93
3700	902	-96
3800	899	-99
3900	896	-102
4000	893	-105
4100	890	-108
4200	887	-111
4300	884	-114
4400	881	-117
4500	878	-120
4600	875	-123
4700	872	-126
4800	869	-129
4900	866	-132
5000	863	-135

Use Metform 214 to find the temperature
(register at www.metoffice.gov.uk/aviation/ga)

If we want to fly at 3000 feet for this flight we can expect a temperature of about -1°C
(interpolation between +1°C at 2000 ft and -4°C at 5000 ft)

Time to get the whizz-wheel out!

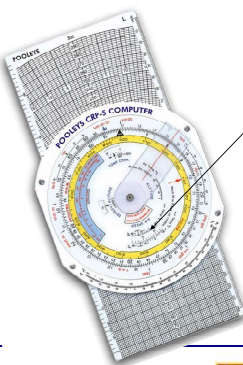


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SPEEDS

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You need the colourful side...



In the airspeed window you need to line up 3000 feet against a temperature of -1°C

Now line read where 88 is on the inner scale (RAS) and the outer scale will read your TAS

Aaaggghhh! – photos coming up!



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SPEEDS

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Line up 3000 feet against -1°C



88 kts on **inner** (RAS) scale reads
90 kts on the **outer** (TAS) scale

Note: it doesn't always end up back where you started!!



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NEXT STEP

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Our flight log now looks like this...

FROM	TO	MSA	ALT	TAS	TRK'T	W/V	HDG'T	VAR	HDG'M	HDG'C	DIST	G/S	TIME
Henley	Newbury	2300	3000	90	240			1W			17		
Newbury	Bembridge	2300	3000	90	170			1W			44		
Bembridge	Henley	2300	3000	90	008			1W			52		

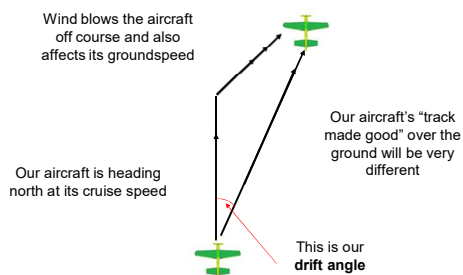
Time to get some wind information so that we can work out headings and groundspeeds, etc.



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TRIANGLE OF VELOCITIES

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TRIANGLE OF VELOCITIES

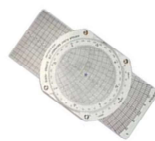
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TIME	WIND
24	350 65 -35
19	350 60 -23
10	340 35 -12
05	330 20 -03
02	340 20 +02
01	320 15 +04

Get the appropriate wind information from the Metform 214

For our calculations we will use 340° at 20 kts

First step is to input this information to the wind side of the flight computer



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HEADING & GROUND SPEED

There are three main methods of using the flight computer to gain heading and groundspeed information

Dot Down

Dot Up

“Winnie the Pooh”

We will look at the Dot Down method (you will need this for ATPL purposes) and the Winnie the Pooh method as it is the quickest for exam purposes

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DOT DOWN

Rotate the outside ring so that the wind direction is displayed at the top

Put the TAS you calculated under the centre dot by sliding the rectangular section

Mark down with a dot the wind speed

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HEADING & GROUND SPEED: DOT DOWN METHOD

Rotate bezel until the desired track lies under the “true heading” mark

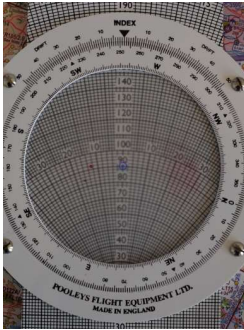
The dot will have moved out sideways

Count up the amount of sideways movement
(be careful – the scale changes from 1° per square to 2° per square)

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HEADING & GROUND SPEED: DOT DOWN METHOD

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Rotate the bezel by that many degrees in the direction of the dot, i.e. move the **dot down**

Check the number of degrees out the dot is now

If the number has changed repeat the above steps

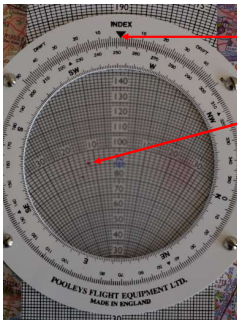
When the amount of drift no longer changes, read off the information



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HEADING & GROUND SPEED: DOT DOWN METHOD

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The "true heading" mark will show the true heading!

Read from the dot back to the centre to retrieve ground speed

PLOG both:

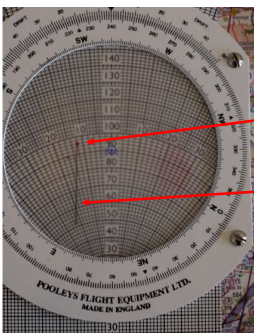
- true heading
- ground speed



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HEADING & GROUND SPEED: WINNIE THE POOH METHOD

GROUND SCHOOL



Rotate bezel until the desired track lies under the "true heading" mark

The dot will have moved out sideways

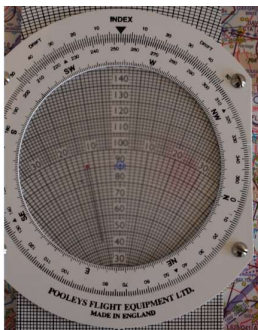
Draw a vertical line straight down from the dot (use the vertical lines at the base to assist)



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HEADING & GROUND SPEED: WINNIE THE POOH METHOD

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Rotate the bezel until your vertical line is parallel with the slanted lines on the wind computer face

Read off true heading from index at top and ground speed toward the centre

Input this information onto your PLOG



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HEADING & GROUND SPEED

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FROM	TO	MSA	ALT	TAS	TRK T	W/V	HDG T	VAR	HDG M	HDG C	DIST	G/S	TIME
Henley	Newbury	2300	3000	90	240	340/20	252	1W			17	92	
Newbury	Bembridge	2300	3000	90	170	340/20	172	1W			44	110	
Bembridge	Henley	2300	3000	90	008	340/20	003	1W			52	72	

Nearly there! Apply **variation** to get magnetic heading and **deviation** (from aircraft deviation card) to get compass heading. Then we just need to calculate the time per leg.

N	30°	60°	E	120°	150°
001°	029°	060°	089°	120°	152°
S	210°	240°	W	300°	330°
181°	212°	240°	269°	300°	330°

Compass Correction Card

FROM	TO	MSA	ALT	TAS	TRK T	W/V	HDG T	VAR	HDG M	HDG C	DIST	G/S	TIME
Henley	Newbury	2300	3000	90	240	340/20	252	1W	253	252	17	92	
Newbury	Bembridge	2300	3000	90	170	340/20	172	1W	173	174	44	110	
Bembridge	Henley	2300	3000	90	008	340/20	003	1W	004	005	52	72	



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HEADING & GROUND SPEED: TIME CALCULATION

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Some basic maths to start with...



Distance = Speed x Time

Speed = Distance ÷ Time

Time = Distance ÷ Speed

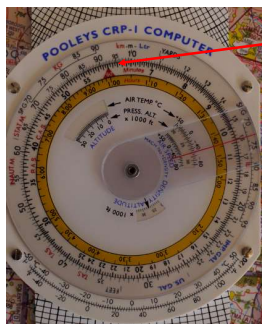
So you can use a calculator but you also need to know how to use the flight computer to gain this information



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HEADING & GROUND SPEED: TIME CALCULATION

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On the calculation side of the flight computer, set the ground speed under the "per hour" index

Read off the number of nautical miles to be flown on the outer scale against the number of minutes it will take on the inner scale



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HEADING & GROUND SPEED: TIME CALCULATION

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If your groundspeed is over 100 kts – just take off a zero – the flight computer doesn't have a decimal point

Rule of thumb –

Unless your speed is below 60 kts the number for your time will ALWAYS be a smaller number than the distance



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FLIGHT LOG

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Our PLOG is now completed!

FROM	TO	MSA	ALT	TAS	TRK'T	W/V	HDG'T	VAR	HDG'M	HDG'C	DIST	G/S	TIME
Henley	Newbury	2300	3000	90	240	340/20	252	1W	253	254	17	92	11
Newbury	Bembridge	2300	3000	90	170	340/20	172	1W	173	174	44	110	24
Bembridge	Henley	2300	3000	90	008	340/20	003	1W	004	003	52	72	43

For ease of use in the aircraft highlight the HDG (C) and Time columns

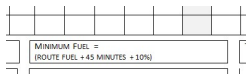
Well, apart from how much fuel it will take to fly the trip, communications frequencies, airfield information, NOTAMs, weather suitability, etc., etc.



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FUEL REQUIRED



You will then need to make a fuel calculation for how much Avgas you should have with you


Different schools have different rules

Our total time from our PLOG was 78 minutes

Add 45 minutes contingency for diversion gives a total of 123 minutes

10% of this total is 12 minutes

A total of 135 minutes of fuel required



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TIME TO PRACTICE

Time for a quick practice...

Start a new PLOG – here are your flight details

ROUTE

Stokenchurch Mast – Cranfield

Cranfield – Wellesbourne

(assume that the deviation is zero)

WEATHER


Cloud base 3300 feet

Wind 080/30

Temperature +20°

IAS 100 kts, RAS 95 kts

Scream if you get stuck...



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TIME TO PRACTICE

You should end up with something like this...

FROM	TO	MSA	ALT	TAS	TRK'T	W/V	HDG'T	VAR	HDG'M	HDG'C	DIST	G/S	TIME
Stokenchurch	Cranfield	2200	2300	100	025	080/30	037	1W	038	040	27	81	20
Cranfield	Wellesbourne	2400	2300	100	281	080/30	286	1W	288	288	38	128	18

Total fuel needed = 38 minutes + 45 minutes = 83 minutes

+ 10% = 91 minutes



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FLIGHT PLAN

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FLIGHT PLAN			
1. AIRCRAFT TYPE AND REGISTRATION			
2. DEPARTURE POINT	3. ENROUTE ROUTE	4. DESTINATION	5. FLIGHT LEVEL
6. DEPARTURE TIME	7. ENROUTE TIME	8. ARRIVAL TIME	9. FLIGHT DURATION
10. AIRCRAFT EQUIPMENT			
11. PILOT INFORMATION			
12. COMMENTS			

You will need to also fill in an ATC flight plan if your flight is:

- Outside the original FIR (Flight Information Region)
- More than 50 nm from the coast
- Over largely uninhabited or inhospitable area



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Lecture complete
Any questions?



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